



www.soutlys.com.au

Instagram Facebook @soutlysmanly

From 7-11.30 am daily

BREAKFAST

TOAST	7
Sourdough / Raisin / Turkish / Gluten Free / Banana Bread w/ your choice of jam, marmalade, peanut butter, vegemite, nutella	
SURFIES TOASTIE	12
Ham, mozzarella, tomato, smokey BBQ on Turkish	
SMASHED AVO ON TOAST (VG)	18
Confit cherry tomato, fetta, lemon, olive oil & dukkha	
MEDITERRANEAN OMELETTE (VG)	22
Mushroom, olives, cherry tomatoes & baby spinach	
MUSHROOM HALLOUMI SURPRISE (VG)	26
Herb & garlic roasted mushroom, grilled halloumi, chilli pomegranate molasses, poached eggs on toasted sourdough	
SOULTYS BIG BREKKY	30
Your choice of fried, poached or scrambled free range eggs, crispy bacon, lamb sausages, herb & garlic roasted mushroom, roasted cherry tomatoes, hash browns & toasted sourdough	
EGGS ON TOAST (VG)	16
Your choice of fried, scrambled or poached free range eggs (2) w/ toasted sourdough	
BACON & EGG ROLL	17
Crispy bacon, fried eggs, roquette, tomato relish, on a milk bun Add reg coffee \$1	
THE BREKKY WRAP	18
Crispy rindless bacon, fried eggs, grilled halloumi, greens, tomato jam Add reg coffee \$1	
HALLOUMI BURGER (VG)	18
Halloumi, avocado, tomato, cucumber, roquette, tomato relish on a milk bun Add reg coffee \$1	

CHILLI EGGS BENEDICT	27
Poached eggs, chilli hollandaise, baby spinach, roasted cherry tomatoes on toasted sourdough, your choice of double (crispy bacon / smoked salmon)	

SPANISH SHAKSHOUKA POT	26
Baked free range eggs in a spicy ground beef, black beans & tomato ragu (chilli con carne) served w/ charred Turkish bread	

CHILLI SCRAMBLED EGGS (VG)	22
Free range eggs, house chilli, Manchego cheese & parsley w/ toasted sourdough	

ZUCCHINI FRITTERS (VG)	25
Zucchini, corn & halloumi fritters served w/ wilted baby spinach, tomato relish & poached eggs	

FRENCH TOAST (VG)	24
Golden French toast, butter scotch sauce, fresh banana & berries, candied walnut, vanilla ice-cream Add extras	

DUBAI PANCAKE (VG)	24
Fluffy pancakes, fresh berries, crispy katayifi, mascarpone, chocolate & pistachio sauce	

GRANOLA (VG)	18
House made granola, fresh berries, banana w/ vanilla yoghurt or milk	

ACAI BOWL (V) Add ons, \$2 ea	15
With house granola, fresh banana & strawberries	

KIDS PANCAKE	10
House made, maple syrup, vanilla ice cream & berries	

ADD ON

Hash brown / Wilted spinach / Free range egg / Fetta	4
Crispy bacon / Grilled halloumi / Avocado / Herb garlic mushroom	5
Lamb sausages / Smoked salmon	6

COFFEES & TEAS (Premium Arabica Roast)	
Espresso, piccolo, macchiato	
latte, cap, f/white, long black	5
Matcha Green Latte	7
Chai latte	5.5
Dirty chai	6.5
Sticky leaf chai latte	7
Extra shot, large, decaf, honey	
- hazelnut, vanilla, caramel, maple syrup	
- soy, almond, oat, coconut	+0.9
English Breakfast, Earl Grey, Chamomile, Peppermint, Jasmine Green	5
Classic Champagne & Orange Juice Cocktail	12
BELGIAN CHOCOLATE	SHAKES
Mocha 6	Chocolate
Hot chocolate 5.5	Caramel
	Strawberry
ICED	Vanilla 9
Coffee 7.5	
Mocha 8	SMOOTHIES
Chocolate 7.5	Mango 10
Matcha 8.5	Mixed Berry 10
Chai 7.5	Banana 10
Dubai latte 9	Acai 11
	Tropical 11
JUICES Orange, Apple, Cranberry, Pineapple 7	Soutlys Green (apple, OJ, spinach, kale) 10

Our food contains allergens so we cannot guarantee allergen free dishes even though we will try our best to accommodate

SURCHARGE

Card fees apply
Sun 10%, Public holidays 15%
No Surcharge for CASH Payments

Bar & grill with a Mediterranean influence

TO SHARE

GARLIC BREAD (VG)	10
Garlic & herb toasted Turkish bread	
TRIO OF DIPS (VG, GF)	18
Hummus / smoked eggplant / tzatziki & pita bread	
GRILLED HALLOUMI (VG, GF)	18
Served w/ tomato, cucumber, mint, lemon olive oil salsa	
SALT & PEPPER SQUID w/ chipotle aioli	18
CRUMBED CALAMARI RINGS w/ lemon aioli	18
CHAR GRILLED OCTOPUS (GF)	24
Succulent grilled octopus marinated in pomegranate lemon, garlic, coriander & olive oil topped w/ lemon, garlic & capers butter	
NONNA'S MEATBALLS (GF)	18
Homemade lean meatballs in a rich tomato gravy topped w/ charred bread	
GARLIC PRAWNS (GF)	22
Lemon, olive oil, coriander, tomato, charred bread	
BRUSCHETTA	18
Cherry tomatoes, fetta, green olives, Spanish onion w/ olive oil & balsamic reduction on toasted Turkish	
CHILLI LEMON HONEY CAULIFLOWER (GF)	17
Sesame, garlic, chilli, coriander infused spicy sauce	
HOUSE ARANCINI BALLS	17
Porcini mushrooms, spinach, house tomato relish, topped w/ chilli truffle aioli	

SIDES

FRIES	10
SWEET POTATO FRIES	11
HUMMUS DIP	7
SMOKED EGGPLANT DIP	7
TZAZIKI DIP	7
PICKLED CUCUMBER	8
BASMATI RICE	7
GRILLED HALLOUMI	6
BROCCOLINI, STEAMED	10
PITA / TURKISH BREAD	4

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SALADS

MORROCAN CHICKEN (GF)	25
Moroccan spiced chicken, quinoa, pickled cabbage, roquette, lime & chilli dressing	
LAMB QUINOA (GF)	26
Pulled lamb, roquette, baby beetroot, toasted almonds, dried cranberries, lime & mustard dressing, mint yoghurt	
SEARED SALMON (GF)	31
Roquette, mixed quinoa, roasted chickpea, dried cranberries, roasted almonds w/ salsa verde dressing	
GRILLED HALLOUMI (GF)	22
Baby roquette, mint, cherry tomato, Spanish onion, pomegranate seeds, candied walnut drizzled w/ balsamic reduction	

Burgers & Wraps

\$27

Served w/ fries

Not available after 6pm
Fridays & Saturdays

Burger OR
Wrap only

\$18

GF
bread
available

available

WAGYU BEEF BURGER
Grilled wagyu beef patty, mixed greens, tomato, cheese, pickles, aioli & beetroot relish

PORTUGUESE CHICKEN BURGER
Chicken breast, cheese, lettuce, tomato, onion, pickles, peri peri aioli

SO GOOD CRISPY CHICKEN BURGER
Panko crumb chicken breast, lettuce, tomato, cheese, jalapeno, avocado & sweet chilli aioli

MUSHROOM & HALLOUMI BURGER / WRAP (VG)
Roasted mushroom, grilled halloumi, greens, pickles, onion & tomato relish

CHICKEN or LAMB SHAWARMA WRAP
Lettuce, tomato, cucumber pickles, garlic sauce

KAFTA WRAP
Chargrilled Middle Eastern spiced lamb mince, tomato, onion, parsley pickle & hummus

KIDS

Cheeseburger & Chips
Chicken Nuggets & Chips
Fish & Chips or Salad
Penne Napoletana / Bolognese

\$15

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PIZZA

MARGHERITA (VG)	23
Napoli sauce, mozzarella, oregano, basil	
THE VEGETARIAN (VG)	26
Napoli sauce, mozzarella, mushroom, olives, capsicum, pineapple, onion, spinach	
EAT MY PEPPERONI	27
Napoli sauce, mozzarella, pepperoni, fresh basil	
DONT TOUCH MY PERI CHICKEN	28
Napoli sauce, mozzarella, onion, spinach, grilled chicken topped w/ house peri peri sauce	
SOULTYS TROPICANA	27
Napoli sauce, mozzarella, ham, pineapple, hint of chilli	
GARLIC PRAWN-STAR	30
Napoli sauce, mozzarella, garlic prawns, crispy capers, fresh chilli (or leave out capers)	
DON'T TELL THE VEGETARIAN	31
Napoli sauce, mozzarella, ham, pepperoni, lamb sausage, olives, onion, smokey BBQ	

Our Pizza dough is fermented
for around 30 hours

CLASSICS

CHICKEN & MUSHROOM PENNE	32
Served w/ chicken, mushrooms, baby spinach, garlic, parmesan, hint of chilli in cream sauce	
FETTUCCINI BOLGNESE	29
Served w/ lean beef mince cooked in rich tomato sauce & shaved parmesan	
PORCINI MUSHROOM RISOTTO (VG/V)	28
Italian arborio, porcini mushroom, baby spinach, truffle & shaved parmesan	
PRAWN FETTUCCINI	36
Served w/ salsa verde, vine tomato, lemon, chilli, olive oil	
CHICKEN SCHNITZEL	28
Golden crisp Panko crumbed chicken breast served w/ fries & salad	
CHICKEN PARMIGIANA	31
Golden crisp Panko crumbed chicken breast topped w/ grilled eggplant, Napolitana sauce, mozzarella, fries & salad	
TEMPURA BATTERED BARRAMUNDI	30
Line caught barramundi served w/ fries, salad & tartare sauce	

GRILLS

Add Fries 5

300g ANGUS SCOTCH FILLET	42
Cooked to your liking served w/ chips & verde salad Choice of sauce: mushroom, pepper or gravy	
CHARGRILLED LAMB CUTLETS (GF)	40
Marinated grilled lamb cutlet, rosemary garlic baked jacket potatoes, grilled zucchini served w/ red wine jus	
CHARGRILLED PORTUGUESE CHICKEN (GF)	34
Grilled chicken breast, rosemary & garlic baked jacket potatoes, grilled zucchini w/ creamy Portuguese sauce	
SOULTYS LEMON GARLIC CHICKEN MIX PLATE GF	36
Grilled chicken breast cubes, tossed in special garlic sauce served w/ Mediterranean salad, hummus & smoked eggplant dips, pita bread	
SOULTYS MIX PLATE (GF)	37
Lamb, chicken, Moroccan kafta skewers served w/ Mediterranean salad, hummus & garlic dips, pita bread	
CHARGRILLED KAFTA MIX PLATE (GF)	35
Mediterranean spiced lamb mince skewers (3) served w/ Mediterranean salad, hummus & garlic dips, pita bread	
BBQ CHICKEN MIX PLATE (GF)	35
BBQ chicken breast cube skewers (3) in special marinade served w/ Mediterranean salad, hummus & garlic dips, pita bread	
CHICKEN / LAMB SHAWARMA MIX PLATE (GF)	35
Grilled chicken or lamb in special marinade served w/ Mediterranean salad, hummus & garlic dips, pita bread	

SEAFOOD

GRILLED BARRAMUNDI (GF)	38
Line caught barramundi served w/ rosemary & garlic baked jacket potatoes, steamed broccolini, topped w/ cherry tomatoes & capers cooked in lemon & garlic butter	
BBQ KING PRAWNS (4PC) (GF)	39
Chargrilled king prawns marinated in lemon, garlic, chilli & coriander served w/ salad, topped w/ lemon, garlic butter & capers	
CHARGRILLED OCTOPUS (GF)	37
Succulent chargrilled octopus marinated in pomegranate lemon, garlic, coriander & olive oil, topped w/ candied walnuts, cherry tomatoes, olives & mixed greens	
PAN SEARED SALMON (GF)	38
Served w/ rosemary & garlic baked jacket potatoes, baby spinach, topped w/ cherry tomatoes & capers cooked in lemon & garlic butter	



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"Join our SMILES rewards
program for ongoing Perks"
Ask any of our team

Soullys

Minimum 4 People

GRILL SET \$70 pp

ENTREE's

DIPS - Hummus / smokey eggplant / tzatziki with charred pita bread

Assorted Pastries - Meat Sambousek, Spinach Triangle, Ladies Fingers (cheese filled pastry)

SALAD - Our 'Soul'ful Mediterranean salad w/ mixed greens, cherry tomatoes, onion, cucumber, dried cranberries, candied walnuts in our Soutlys citrus dressing

SIGNATURE MAINS

Kofta Skewers - Chargrilled Middle Eastern spiced lamb mince skewers

BBQ Chicken Skewers - BBQ chicken breast skewers in special Soutlys marinade

BBQ Lamb Skewers - BBQ lamb backstrap in special Soutlys marinade

DESSERT Middle Eastern baklava & Turkish delight board

PIZZA PASTA SET \$60 pp

ENTREE's

Garlic Bread - Garlic herb toasted Turkish bread

Nonna's Homemade Meatballs

Salt & Pepper Squid w/ aioli

MAINS (Choose one Pasta OR Pizza)

PASTA

Chicken Mushroom

Fettuccini Bolognese

Penne Napolitana

Porcini Mushroom Risotto

PIZZA

Margherita

Don't Touch My Peri Chicken

Eat My Pepperoni Pizza

The Vegetarian Pizza

Soutlys Tropicana

DESSERT Choose one

Nutella Pizza w/ berries & banana

Soutlys Dubai chocolate churros

COFFEE & TEA

Premium Arabica Bean

Espresso,
piccolo, macchiato 5

Latte, cap, f/white,
long black 5

- Extra shot, large, decaf, honey
- hazelnut, vanilla, caramel, maple syrup
- soy, almond, oat, coconut +90c

Matcha Green Latte 7
Chai Latte 5.5
Dirty Chai 6.5
Sticky Leaf Chai Latte 7

Mocha 6
Hot chocolate 5.5

ICED
Coffee / long black 7.5
Chocolate 7.5
Mocha 8
Chai latte 7.5
Matcha 8.5
Dubai (pistachio) 9

English Breakfast, Earl Grey
Chamomile, Peppermint, Jasmine Green 5

DESSERTS

SOULTYS DUBAI CHOCOLATE CHURROS
Our take on house made fluffy Dubai chocolate churros

\$16

AFFOGATO
Premium Espresso w/ vanilla ice-cream
Add Frangelico or Amaretto

\$9

\$15

NUTELLA PIZZA
Soutlys special base w/ fresh banana & strawberries

\$17

Add ice cream \$3

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